

SAILING & BOATING PROGRAMME 2010

Day	Date	High Water BST	Height (m)	Expected Race Start Time BST	Open events including Fast and Slow Series		<p align="center">NOTICE OF RACE & RACE INSTRUCTIONS 2010. The racing will be governed by the rules as defined in The Racing Rules of Sailing 2009-2012. All competitors must acquaint themselves with The Notice of Race and Sailing Instructions 2009 which are available for inspection on the Club website, the Sailing Notice Board and from the Duty Officer. All craft must have Third Party Insurance for a minimum of £3,000,000.</p>
Saturday	24/07/2010	07.06	3.95	17.00	Celtic Longboats - Dinas Head Challenge - Fishguard to Newport		
Saturday	31/07/2010	11.03	4.11	-	No Racing		
Sunday	01/08/2010	11.35	3.96	10.30	Bottle Race		
Monday	02/08/2010	12.12	3.80	11.00	Gower Series (fast)	Drywy Series (slow)	
Tuesday	03/08/2010	12.58	3.62	12.00	Gower Series (fast)	Drywy Series (slow)	
Wednesday	04/08/2010	14.00	3.49	13.00	Gower Series (fast)	Drywy Series (slow)	<p align="center">The duty Race Officer may, at his discretion, run additional races.</p>
Thursday	05/08/2010	15.21	3.48	14.15	Gower Series (fast)	Drywy Series (slow)	
Friday	06/08/2010	16.45	3.68	-	Newport Pembs Regatta - Sailing & Inshore Events		
Saturday	07/08/2010	17.53	4.04	16.45	Pool Hall Cup		
Sunday	08/08/2010	18.48	4.46	17.45	Bottle Race		
Monday	09/08/2010	19.39	4.85	18.30	Ansell Series (fast)	Schweppes Series (slow)	
Tuesday	10/08/2010	20.25	5.15	19.30	Ansell Series (fast)	Schweppes Series (slow)	
Wednesday	11/08/2010	8.52	4.95	-	No Racing		
Thursday	12/08/2010	9.36	5.02	9.30	Ansell Series (fast)	Schweppes Series (slow)	
Friday	13/08/2010	10.18	4.95	9.30	Ansell Series (fast)	Schweppes Series (slow)	
Saturday	14/08/2010	11.01	4.75	10.00	Ennis Cup		
Sunday	15/08/2010	11.45	4.46	10.45	Grant Series (fast)	Y Gath series (slow)	<p align="center">Restricted events</p>
Monday	16/08/2010	12.33	4.11	11.30	Grant Series (fast)	Y Gath series (slow)	
Tuesday	17/08/2010	13.29	3.78	12.30	Grant Series (fast)	Y Gath series (slow)	Collier Junior Helm Trophy (16) and Elliot Lady Helm
Wednesday	18/08/2010	14.42	3.55	13.00	Race Training Day		
Thursday	19/08/2010	16.15	3.54	15.15	Grant Series (fast)	Y Gath series (slow)	Chaston Single Sail
Friday	20/08/2010	17.32	3.76	16.30	Grant Series (fast)	Y Gath series (slow)	Prichard Topper and Bowen Cup for Picos
Saturday	21/08/2010	18.26	4.06	17.30	Alex Alexander		Henshaw Laser Cup (two races)
Sunday	22/08/2010	19.09	4.32	17.00	Sandra Thomas Passage Race		Evans Chameleon Dabber and Leo Williams Devon Yawl Cup
Monday	23/08/2010	7.30	4.14	18.45	Emlyn Williams Cup		Fitzwilliams Wrinklies and Barclays Cup for Novices
Tuesday	24/08/2010	8.05	4.31	19.15	Bottle Race		Levy Matrimonial
Wednesday	25/08/2010	8.26	4.42	-	No Racing		
Thursday	26/08/2010	9.06	4.46	9.00	Possible race, subject interest.		
Friday	27/08/2010	9.33	4.47	9.00	Tony Marchington Centenary Cup		Richard Parent & Child
Saturday	28/08/2010	10.01	4.42	-	Newport Pembs Regatta - Rowing Race		
Sunday	29/08/2010	10.30	4.34	9.45	Bottle Race		
Monday	30/08/2010	11.00	4.20	10.30	Hann Trophy and Prize Giving 13:00hrs and 'Laying Up Supper'		